**COVID-19 SYMPTOMS CHECKER**

**You may not participate in netball activity if you are showing signs of COVID-19.**

Please answer the following questions honestly and accurately:

At any point in the last 7 days:

1. Have you had a fever or high temperature?
2. Have you had a new continuous cough? (this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours or if you usually have a cough it is worse than usual)
3. Have you had a loss or change to your sense of smell or taste?
4. Has any member of your household or someone that you have been in contact with reported any of these symptoms in the last 14 days?
5. Has any member of your household or someone that you have been in contact with tested positive for COVID-19 in the last 14 days.
6. Have you been notified by NHS Test & Trace that you have been in close contact with someone that has a known COVID-19 infection in the last 14 days?

If the answer to any of the above questions is yes, you may not participate.